



Something  
Meaningful

**Strengthening youth engagement through  
local involvement**

**International Training Course**

**Oulu, Finland 5th – 11th of November 2023**

**INFOPACK**



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## Dear future participant,

What does active participation mean to you? Do you believe that young people are truly passive, or do they engage in different forms of participation than what we are traditionally accustomed to?

**These are some of the questions we'll be tackling at the international training course in Finland. During this event, participants will explore the significance of civic engagement. They'll develop the ability to comprehend the differences in the needs of young individuals and the factors that drive their motivation. Moreover, they will discover strategies for involving young people with fewer opportunities. The highlight of the training course will be an introduction to the IDEATHON method. Participants will be guided through every crucial step of this approach and will conclude the training with an action plan of how they could implement it in their local communities.**

This international training course is part of the '**ADD Something Meaningful**' project and it is specifically designed for representatives of youth organizations who are enthusiastic to engage young people in participatory processes and learning more about organizing IDEATHONS.



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## ABOUT THE INTERNATIONAL TRAINING

**Dates:** Arrival day 5th November, departure day 11th of November 2023

**Location:** Best Western Hotel Apollo, Asemakatu 31-33, 90100 Oulu, Finland

The main working space will be in Aleksinkulma (Aleksanterinkatu 9, 90100 Oulu, Finland) which is 10min walk from the hotel.

**Aim of the training:** is to explore methods for encouraging youth participation and engaging young people with fewer opportunities and to train the participants to implement the IDEATHONS effectively.

### **Participants profile:**

- representatives of youth organisations,
- youth workers,
- representatives of different local authorities.

### **Learning goals:**

- Participants understand and are able to explain why (civic) participation is important.
- Participants understand and are able to present some motivating factors/needs/characteristics of different groups of young people.
- Participants get to know, understand, and are able to implement IDEATHONS in their local community.
- Participants are willing and know how to include young people with fewer opportunities in the process of IDEATHON.

### **Language:**

Official training language will be English.



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## SCHEDULE

<b>Sunday, 5th of November</b>						<b>23.13-8.06</b>
	Arrival in Helsinki					Night train to Oulu
<b>Monday, 6th of November</b>		<b>9:45-11:15</b>	<b>11:30-13:00</b>	<b>14:30-17:00</b>	<b>17:00-17:30</b>	
	Introduction & getting to know each other	Coffee break	Team building	Lunch	Youth participation	Reflection of the day
<b>Tuesday, 7th of November</b>		<b>9:00-10:30</b>	<b>10:45-12:30</b>	<b>14:00-16:00</b>	<b>16:00-16:30</b>	
	Young people: characteristics, needs, motivating factors	Coffee break	The potential of experiential learning	Lunch	Visiting good practices in the local communities	Reflection of the day
<b>Wednesday, 8th of November</b>		<b>9:00-10:30</b>	<b>10:45-12:30</b>	<b>14:00-16:00</b>	<b>16:00-16:30</b>	
	Including young people with fewer opportunities	Coffee break	Including young people with fewer opportunities	Lunch	Step-by-step presentation of the IDEATHON method	Reflection of the day
<b>Thursday, 9th of November</b>		<b>9:00-10:30</b>	<b>10:45-12:30</b>	<b>14:00-17:00</b>		
	Step-by-step presentation of the IDEATHON method	Coffee break	Supporting young people during the process	Lunch	Testing IDEATHON	
<b>Friday, 10th of November</b>		<b>9:00-10:30</b>	<b>10:45-12:30</b>	<b>20.55-6.27</b>		
	Final improvements & next steps - action plan	Coffee break	Final evaluation and closure	Lunch	Free afternoon	Night train to Helsinki
<b>Saturday, 11th of November</b>						
	Departure from Finland					



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## WHICH COSTS ARE COVERED

- Accommodation in a hotel
- Food
- Reimbursement of the travel costs (the amount will be calculated based on the travel distance of the participant)
- Each participant is responsible to arrange his/her own health and travel insurance for their stay in Finland in addition to the European Health Insurance Card (EHIC)

## WHAT ABOUT THE INSURANCE ABROAD?

If you don't already have insurance abroad, we recommend applying for European Health Insurance Card which is a free card that gives you access to medically necessary, state-provided healthcare during a temporary stay in any of the 27 EU countries (Iceland, Liechtenstein, Norway and Switzerland or the United Kingdom under the same conditions and at the same cost (free in some countries) as people insured in that country). The benefits covered include, for example, benefits provided in conjunction with chronic or existing illnesses as well as in conjunction with pregnancy and childbirth.



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## ACCOMODATION

You will stay in the **Best Western Hotel Apollo** which is conveniently located in the Oulu city center nearby sights and attractions such as Rotuaari Pedestrian Street, Market Hall and Market Square. Hotel is near major transportation access including the railway station, bus station and 15 kilometers from Oulu Airport.

**Participants will stay in the rooms up to 2 people per room.**

**Address:** Asemakatu 31-33, 90100 Oulu, Finland



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## APPLICATION DEADLINE

Fill in the online [application form](#) latest by the **20th of September 2023.**

The international training is organised as part of the project  
**ADD Something Meaningful**

**If you have any additional questions you can contact [kristjan.nemac@pina.si](mailto:kristjan.nemac@pina.si).**



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## PROJECT PARTNERS

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the world is only one creature

  
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